



Primary Dance Education

We specialise in dance for children and within education. We pride ourselves on high quality dance provision catered for the individual. Our ethos is 'dance is for all' therefore there is a real, inclusive nature to what we do, with the focus to inspire, uplift and connect.



Dance adventures: Early years/SEND/KS1

We ignite children's imaginations through fun, dance adventures. We tell a story through movement, incorporating fun routines, games and creative tasks. We can take the children on a new adventure every session or we can explore a topic over a series of sessions.

The children improve basic dance skills, whilst building confidence and communication skills.

We have pre-planned adventures ready to go, however we love to design new adventures for schools in line with curriculum topics or a selected theme. A few of our favourites are 'going to the zoo' 'under the sea' 'the circus' 'orbiting space.'



we are qualified teachers

KS1/2/SEND Dance PE lessons

We work in line with the national dance/PE curriculum. The sessions are structured with a variety of fun dance tasks aimed to improve performance and choreographic skills. Through talking about dance and using key terminology the children gain dance appreciation. We like to work together and create a supportive, safe space for children to explore dance and build confidence. Below are the different genres we can deliver, we can plan a one off session, a scheme or an annual programme of study for your school.

- Dance Fitness
- Street/Break Dance
- Cheerleading
- Social dance
- Dance from around the world
- Ballet/Contemporary/Lyrical
- Musical Theatre/Jazz
- Creative workshops using stimuli
- Improvisation

Sessional or block bookings available

Staff CPD

We understand that dance can be a bit of a grey area in some settings, that is why we are here to help. With every session/scheme we deliver, we can provide lesson plans and resources. We can additionally provide staff fun training sessions, giving staff ideas and tools to deliver their own dance sessions. Most staff that have undergone this training have not only seen it as insightful, but a great team bonding experience.

What your staff will gain out of the CPD.

- lesson plans/schemes of work
- resources to help deliver the sessions
- different tools/methods to differentiate the tasks
- tips for engaging children
- filmed dance choreography that teachers can use in their sessions
- improved subject knowledge and confidence



Inspire, uplift and connect

Extra-curricular

- we offer a range of fun after school dance clubs for all ages
- design dance enrichment projects for focused groups or inline with school celebrations/curriculum projects
- choreograph dance for school productions or events
- create links with local dance agencies, theatres and community projects to give children a variety of dance opportunities